

## Club Rules/Constitution

1. **Name**

The club shall be called Be Your Best FC.

2. **Objectives**

The objectives of Be Your Best FC shall be to participate in football association matches and social activities for its members. To provide opportunities for all abilities. To enhance members life skills through innovative ideas; learning new skills, becoming more mental health aware, using mindfulness strategies to create positive mindset and to have a free mind to enjoy playing football.

3. **Status of Rules**

These rules (the Club Rules) form a binding agreement between each member of Be Your Best FC.

4. **Rules & Regulations**

- a) Be Your Best FC shall have the status of an affiliated member club of The Football Association by virtue of its affiliation to Nottinghamshire FA. The Rules and Regulations of The Football Association and Nottinghamshire FA shall be deemed to be incorporated into the rules.
- b) No alteration to the club rules shall be effective without a majority vote at a general meeting.
- c) Be Your Best FC will also abide The FA's Safeguarding Child Protection Policies and Procedures, Respect Codes of Conduct, Equal Opportunities and Anti-Discrimination Policy.

## 5. **Club Membership**

- a) The members of the club shall be those persons listed in the register of members; this shall be maintained by the club secretary.
- b) Any person who wishes to be a member must apply on a membership application form and submit it to the club secretary. Election to membership shall be at the sole discretion of the club committee. Membership shall be effective upon an applicant's name being entered in the membership register.
- c) The FA and Nottinghamshire FA shall be given access to the membership register on request.

## 6. **Annual Membership Fee**

- a) Be Your Best FC will charge an annual membership fee where members can pay per month via direct debit into the Club's community bank account. There will also be a small fee charged per member when attending a tournament to cover the tournament costs.
- b) The club committee has the authority to levy further subscriptions or increase prices from the members as are reasonably necessary to fulfill the objectives of the club.

## **7. Resignation and Expulsion**

- a) A member shall cease to be a member of Be Your Best FC if, and on the date of which, he/she gives notice to the Club Committee of their resignation.
- b) The Club Committee shall have the power to expel a member when, in their opinion, it would not be in the interests of the club for them to remain a member.
- c) A member who resigns or is expelled shall not be entitled to claim any of the club's property, i.e. football kit etc...

## **8. Club Committee**

- a) The Club Committee shall consist of the following club officers: - Chairperson, Treasurer, Secretary, and the Club Welfare Officer.
- b) Each Club Officer and Committee Member shall hold office from the date of appointment until the next Annual General Meeting unless otherwise resolved at a Special General Meeting. One person may not hold any more than two positions of Club officer at any one time. The Club Committee shall be responsible for the management of all the Club affairs. Decisions of the Club Committee shall be made by a simple majority of those attending the Club Committee Meeting. The Chairperson of the Club Committee meeting shall have the casting vote in the event of a tie. Meetings of the club committee shall be chaired by the Chairperson or in their absence the Secretary. The quorum for the transaction of business of the club committee shall be three.

- c) Decisions of the Club Committee of meetings shall be saved electronically within the Club Minutes Folder and maintained by the Club Secretary.
- d) Any Member of the Club Committee may call a meeting of the Club Committee by giving no less than 7 days notice to all members of the Club Committee. The Club Committee shall hold no less than 4 meetings per year.
- e) An out-going member of the Club Committee may be re-elected. A member proposed by one and seconded by another of the remaining Club Committee members and approved by a simple majority of the remaining Committee members shall fill any vacancy on the Club Committee, which arises between Annual General Meetings.
- f) Save as provided for in the Rules & Regulations of The Football Association and Nottinghamshire FA to which Be Your Best FC is affiliated; the Club Committee shall have the power to decide all questions and disputes arising in respect of any issues concerning the Club rules.
- g) The position of a Club Officer shall be vacated if such person is subject to a decision of The FA that such person be suspended from holding office or from taking part in any football activity relating to the administration or management of a football club.
- h) The Club Welfare Officer will sit upon the committee as a standing member.

## 9. Annual and Special General Meeting

- a) An Annual General Meeting (AGM) shall be held in each year to:
  - 1. Receive a report of the activities of the club over the previous year.
  - 2. Receive a report of the clubs finances over the previous year.
  - 3. Elect the members of the Club Committee.
  - 4. Consider any other business.
- b) Nominations for elections of members as Club Officers or as members of the Club Committee shall be made in writing by the proposer and seconder, both whom must be existing members of the Club, to the Club Secretary no less than 21 days before the AGM. Notice of any resolution to be proposed at the AGM shall be given in writing to the Club Secretary no less than 21 days before the meeting.
- c) A Special General Meeting (SGM) may be called at any time by the committee and shall be called within 21 days of the receipt by the Club Secretary of a requisition in writing signed by no less than five members stating the purposes for which the meeting is required and the resolutions proposed. Business at an SGM may be any business transacted at an AGM.
- d) The Secretary shall send to each member written notice of the date of a General Meeting together with resolutions to be proposed at least 14 days before the meeting.
- e) The quorum for a General Meeting shall be two people.
- f) The Chairperson or in their absence a member selected by the Club Committee shall take the Chair. Each member present shall have one vote and a simple majority shall pass resolutions. In the event of an

equality of votes the Chairperson of the meeting shall have the casting vote.

- g) The Club Secretary, or in their absence a member of the Committee, shall take the minutes of General Meetings.

10. At its first meeting following each AGM the club committee shall appoint a club member to be responsible for each of the clubs football teams. The appointed members shall be responsible for managing the affairs of the team. The appointed members shall present a written report of the activities of the team at club meetings.

#### 11. **Club Finances**

- a) A bank account shall be opened and maintained in the name of Be Your Best FC. Designated account signatories shall be the Chairperson, the Club Secretary and the Club Treasurer. All monies payable to Be Your Best FC shall be received by the Treasurer and deposited into the Club account if not paid via direct debit or bank transfers for one off payments for a tournament.
- b) The income and assets of the Club shall be applied only in furtherance of the objects of the Club.
- c) The Club Committee shall have the power to authorise the payment of remuneration and expenses to any member of the Club and to any other person or persons for services rendered to the Club.
- d) The Club shall prepare an annual Financial Statement in such form as shall be published by the FA from time to time.

- e) The Club Property, other than the Club account shall be vested in no less than two and no more than four custodians, one of whom shall be the treasurer (The Custodians), who shall deal with the Club Property as directed by decisions of the Club Committee and entry in the minutes taken shall be conclusive evidence of such decision.
- f) The Custodians shall be appointed by the club in a General Meeting and shall hold office until death or resignation unless removed by resolution passed at a General Meeting.
- g) On their removal or resignation a custodian shall execute a conveyance in such form as is prescribed by the FA from time to time to a newly elected custodian or the existing custodians as directed by the Club Committee. On the death of a custodian, any Club property vested in them shall vest automatically in the surviving custodians. If there is only one surviving custodian, a Special General Meeting shall be convened as soon as possible to appoint another custodian.
- h) The custodians shall be entitled to an indemnity out of the Club property for all expenses and other liabilities reasonably incurred by them carrying out their duties.

## 12. Dissolution

- a) A resolution to dissolve the club shall only be proposed at a General Meeting and shall be carried by a majority of at least three-quarters of the members present.
- b) The dissolution shall take effect from the date of the resolution and the members of the club committee shall be responsible for the winding up of the assets and liabilities of the club.
- c) Any surplus assets remaining after the discharge of the debts and liabilities of the club shall be transferred to the parent Association who shall determine how the assets shall be utilised for the benefit of the game. Alternatively, such assets may be disposed of in such other manner as the members of the club with the consent of the parent Association shall determine.

Signed:

Date: 04/04/2025

Print Name: Matthew Vickers

Role: Be Your Best FC Chairperson